## TOTS 2-3-5 Years



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## AUSSIE SKATE 1-6 Years and Over (Frmly Basic 1)



## AUSSIE SKATE 2-6 Years and Over (Fmrly Basic 2)


AUSSIE SKATE 3-4 (fmily Novice 1)
(1) FWD STROKING
(20) FWD LEFT 1 FOOT GLIDE
(20) FWD RIGHT 1 FOOT GLIDE
(3) FWD SLALOM
(49 BWD LEFT 1 FOOT GLIDE
(40) BWD RIGHT 1 FOOT GLIDE
(5) 2 FOOT SPIN

$1 \quad 1$ -


AUSSIE SKATE 7-8 (frmly Intermediate 1)


## AUSSIE SKATE 9-10 - page 2

ELEMENT 5

(1) LFI PIVOT


## AUSSIE SKATE 9-10 (Frmly Intermediate 2)- Page 1

RED LINE


## ADULT 1 (Fmily Adult Basic)



## ADULT 2 ( fmiry Aduli Novice)


(4) 6-8 FWD SLALOM


## ADULT 3 (Fmly Adult ntermediate)



